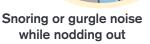
How to **RECOGNIZE** an Opioid Overdose















When it comes to helping someone who is overdosing, your choice matters. Choose to help.

To obtain Narcan, please visit your local CVS, Walgreens Pharmacy, or call the AIDS Support Group of Cape Cod: (508) 778-1954

For an online Overdose Prevention and Bystander Training Course visit: www.mychoicematters.net/narcantraining

This Good Samaritan card produced by Barnstable County Human Services and funded by Cornerstone Charitable Foundations, Bank of America, N.A., Trustee **REV. MAY 2018**



How to RESPOND to an Overdose

You can keep a person alive by following these steps



Try to wake person up

Rub the middle of their chest with a closed fist



Start Rescue Breathing

Make sure their mouth is not blocked, pinch their nose, and breathe every 4 seconds



Continue until help arrives or they start breathing on their own.

Recovery Position

If you must leave, put the person on their side with their body supported by a bent knee. This will help keep their airway clear and stop them from choking if they throw up.



Massachusetts Good Samaritan Law

protects those who have overdosed and those who call 911 for help from arrests, prosecution, and conviction for possession or use of controlled substances with the exception of outstanding warrants and selling/distributing controlled substances.