



September 2018

Rogers & Gray Insurance, in conjunction with area Chambers of Commerce, Reach EAP, and other partners, has rolled out a cost-effective Employee Assistance Plan to provide support, education and a community partnership to assist employees and family members struggling with addiction issues.

REACH EAP, is a confidential, short term, counselling service for employees with problems that affect their work performance or their personal life. **A very affordable rate of \$9.50 per employee per year is being offered.**

You do not need to have your insurance with Rogers & Gray to participate in the EAP plan. For more information visit <https://www.rogersgray.com/eap/>.

See next page for further information.

REACH EAP

Help is within Reach— support for employees and family members

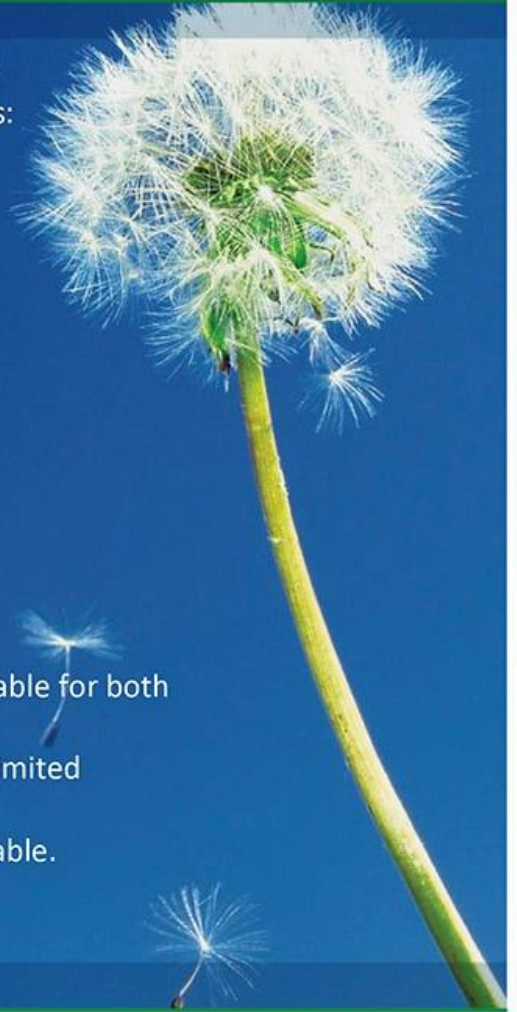
ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

Sometimes it is difficult to balance all of life's activities and priorities. To make life's challenges easier to handle, Reach EAP can provide resources and information on these and other topics:

- Alcohol and Drug Addiction
- Managing stress, anxiety, and anger
- Effective communication
- Creating family and workplace harmony
- Making time for yourself
- Adequate sleep
- Referral and follow-up services

Services include:

- Face-to-Face, telephonic, and virtual appointments available for both employees and family members.
- Human Resources and management services include unlimited consultations and telephonic supervisor coaching.
- Critical Incident consultations and services are also available.



DIAMOND | REACH
Healthcare | EAP

1-800-950-3434
Reach-EAP.com

24 hours, 7 days a week

The opioid crisis is on everyone's radar - in the news, on our streets, and in our workplaces. The Centers for Disease Control and Prevention reported that more than 43,900 people died of drug overdoses in 2013 (16,235 of these deaths from opioids).

Reach EAP provides support, education and a community partnership to assist employees and family members with addiction issues.