

Total Worker Health

Total Worker Health[®] (TWH) is defined as policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness prevention efforts to advance worker well-being.

Benefits for Employers and Communities

Research on the TWH approach provides the needed scientific evidence to help businesses and communities reduce the impact and cost of injuries and illness, thereby helping to control healthcare costs and disruption to family and community life.

- **Defining Element of TWH 1:** Demonstrate leadership commitment to worker safety and health at all levels of the organization.
- **Defining Element of TWH 2:** Design work to eliminate or reduce safety and health hazards and promote worker well-being.
- **Defining Element of TWH 3:** Promote and support worker engagement throughout program design and implementation.
- **Defining Element of TWH 4:** Ensure confidentiality and privacy of workers.
- **Defining Element of TWH 5:** Integrate relevant systems to advance worker well-being.

For more information visit: <https://www.cdc.gov/niosh/twh/default.html>