

Recovery Coach Academy Training

at Cape Cod Community College



The CCAR Recovery Coach Academy© is a 5-day intensive training academy focused on providing individuals with the skills needed to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs.

Dates: March 12 – March 16, 2018

Time: 8:30 a.m. – 5:30 p.m.

Location: Hyannis Center, 540 Main Street, Hyannis

Course Code: WHN126-65

Cost: \$850

This week-long training academy is geared toward professionals in the community such as, but not limited to, social workers, counselors, and nurses. CEUs and CECs may be available.

Contact Mary Conklin, Program Coordinator, for more information.

www.capecod.edu/CCAPE **508.375.5010**



The Center for
**Corporate and
Professional Education**
at Cape Cod Community College

Recovery Coach Academy Training Program at Cape Cod Community College

CCAR Recovery Coach Academy© participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills



This CCAR Recovery Coach Academy© is designed as a learning community, where each participant comes away with the necessary skills and is fully empowered and motivated.

Lessons expand way beyond the role of recovery coach, as many graduates leave feeling a greater sense of self, solidifying their position as allies in the ever changing recovery community.

If you are seeking a Certified Addiction Recovery Coach (CARC) Credential from the Massachusetts Board of Substance Abuse, this program will start you on the path to certification, but, will not alone be sufficient for all certification requirements. For more information on obtaining a CARC credential, please visit: www.mbsacc.com/carc.

This Recovery Coach Academy training program curriculum was developed by CCAR (The Connecticut Community for Addiction Recovery).

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For more information contact Mary
Conklin, Program Coordinator
mconklin@capecod.edu



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