

# FREE TRAININGS



## SUBSTANCE USE ON CAPE COD

### EMPOWERING CAPE COD TO HELP THOSE AFFECTED BY SUBSTANCE USE

#### What you will learn:

- Strategies for addressing tobacco use for populations with substance use and mental health disorders,
- Approaches to care for people with the co-occurrence of mental health and substance use disorders, and
- Addressing secondary trauma and the need for self-care for providers of mental health and substance use related services.

#### Trainings by the Institute for Health & Recovery

These trainings are offered through a collaboration between the Barnstable County Regional Substance Use Council and the Moms Do Care Program at Cape Cod Healthcare. CEUs are available for Social Work, LMHC, CADAC/LADAC.

**MOMS D  CARE**

The Moms Do Care project is funded by a grant from the Substance Abuse and Mental Health Service Administration to the Massachusetts Department of Public Health, Bureau of Substance Abuse Services.



### FREE TRAININGS

*CEUs Available*

#### Training #1:

**Co-Occurring Disorders**

Thursday, Sept 21st

2:00pm—4:00 pm

#### Training #2:

**Tobacco Education  
and Treatment**

Wednesday, Oct 11th

2:00pm—4:00pm

#### Training #3:

**Compassion Fatigue**

Wednesday, Nov 15th

2:00pm—4:00pm

#### **To Register:**

Contact Kim Slade

Kim.slade@

barnstablecounty.org

508-375-6845

All trainings will be held in the  
Harborview Conference Room  
Barnstable Courthouse Campus  
3195 Main St., Barnstable